



March, 2022

TABLE OF CONTENTS

Spirit Week + Quimby Oak information	1
LSI Projects	2
Lighthouse Projects	3
Community and Local News	4
Interview & Wholesome News	5
Submissions	6
Holiday News	7
Sports Report	8
Polls	9
Learning About ME TIME	10
Recommendations	11
Riddles	12



**TRY TO FIND ME
HINT: NOT THIS PAGE**





MARCH 2022 EDITION

LOBO TIMES



THE STUDENT VOICE. FOR THE STUDENTS. FROM THE STUDENTS. BY THE STUDENTS.

QUIMBYOAK.EESD.ORG



[@LOBOSCHOOLOFINNOVATION](https://www.facebook.com/LOBOSCHOOLOFINNOVATION)



[@QUIMBYOAKLOBOS](https://www.instagram.com/QUIMBYOAKLOBOS)



LSI News - What's the word?

Greetings, we are Lighthouse News! With this newsletter, we will inform you of all the news that is happening anywhere and everywhere in your campus, Quimby Oak Middle School.

At Quimby, students can either choose the Lobo Discovery Academy (LDA), or the Lobo School of Innovation (LSI). Here in LSI, we pride ourselves on three important values: trust, respect, and responsibility (TRR). We also have five schoolwide learning outcomes: agency, collaboration, written communication, oral communication, and knowledge and thinking. With our amazing students and staff, we hope to see this school continue to thrive.

Spirit Week & Upcoming Information

Thanks to leadership, we now have fun noon activities during lunch on Fridays. Join in the fun and play musical chairs, tug-of-war, and more!

Quarter 3 ends right on April Fools. Following that will be grad pictures and middle school open house.

There will be a minimum day on Thursday, April 14. Spring break will be from April 15 to April 22. Have a nice break, Lobos!





LSI Projects

Science, World Arts & more!

7th Grade Math has started a new unit: Algebra Olympics! They are practicing and learning new algebraic skills to earn virtual gold, silver and bronze medals.

7/8 Math has moved on to a new unit: Food. So far, they've completed assignments about gummy bears, sugar packets, and cookies. Yum!

In World Arts, students are stepping into historical perspectives and writing a narrative for their project "Kick'n it Old School."

Congratulations to all the Science Fair winners. Keep up the good work!

8th Grade Math is currently in their statistics unit.

In US Narrative, students have started their new project, "Undercover Boss." The 8th graders are going to make a TV episode of an undercover boss of a company.

In 8th grade Exploratory Science, students are learning about wavelengths from the electromagnetic spectrum. They have to write a poem, make a movie trailer, and design a poster about their assigned type of wave.



Elective Projects

Ms. Sutton's computer programming
They finished making games, javascript, making websites learning python.



Ms. Jaspal's Lighthouse students will be presenting their scrapbooks to teachers and they will later on present their scrapbooks to the influential adult of their choice.



Mr. Hiraki's Lighthouse was raising money for charity through a carnival with many fun games. These games included Jenga, popping balloons, and many more!



Mrs. Nomura's Computer Science Engineering
They will physically make a phone app to help the community or a specific group of people such as elderly people and disabled people and then present them.



Mrs. Blightman and Mrs. Lam's lighthouse they are working on personal growth and community building. The students chose projects to try something new and a lot of them are doing some knitting and embroidery. They will give what they made to someone else that they care about to make them happy.

Mr. Trinidad's Lighthouse News for the past month, we've been gathering news to report on for the newsletter and video. Aside from that, we had a passion project (in this project they created goals based on their passion and presented the goals).

STEAM

Steam are building bird houses. They will pick a bird and present information about their chosen bird. Have fun STEAM!!

Community & Local News

Mask Mandates

On March 3rd, the mask mandate was lifted for outdoors! You can now take off your mask in outdoor places as they are no longer required for outside! Although you might keep your mask on outside, remember to respect others around you and not judge anyone if they have their mask off.

Local Bakeries

Would you like to be interested in a bakery that sells burnt almond cake? Peter's Bakery is a local business that has been here for decades! Come and stop by to purchase their burnt almond cake and other delicious treats!



Upcoming Spring



On March 20th, winter will finally end! Some things you can look forward to in spring are: longer days, Spring Break, and warmer weather! Also, Daylight Savings Time (DST) starts on Sunday, March 13th, so remember to turn your clocks one hour forward.



Ms. Jaspal was in the White House!?

In a recent interview with Ms. Jaspal, we got to learn more about her trip to the White House! She was in an Indian dance group for about 3-4 years, and at the time they were invited to perform at the White House. Best part? They were able to hang out with the Obama's for fifteen minutes! The dance group still exists today.



Wholesome News

Michael works to stop World Hunger!

Michael Platt is a thirteen year old boy who turned his love of baking into a charitable organization that gives to the homeless. When Michael was ten, he was diagnosed with epilepsy and had more time to bake, and that's when he got the idea to start a charitable bakery. His business gives a portion of its profits to a nonprofit organization called 'No Kid Hungry' which seeks to end world hunger. He usually sells one hundred forty cupcakes a month and gives away that many as well. Michael Platt also started his own nonprofit organization called Power Love Learning and Access to everyone (PLLATE for short). To buy his cupcakes, people purchase them online on his website.



Art submissions



These are the highlighted Quimby Oak art submissions of March 2022. Thank you to those who have submitted. If you would like to submit a piece of artwork, please email it to Mr T.
ktrinidade@eesd.org

by anonymous



by anonymous



by anonymous

Women's History Month

March is Women's History Month! This month is about celebrating achievements and determination that have led women to where they are today. In 1909, the first ever women's day celebration was held in New York City. This year's theme is "Providing Healing, Promoting Hope."



Saint Patrick's Day

Saint Patrick's day is here! St. Patrick was kidnapped and brought to Ireland as a slave. He escaped, but later returned to convert the Irish to Christianity. Before he died on March 17, 461, he established monasteries, churches, and schools. Many legends were created based off of his life, and to this day Ireland still celebrates his legacy with feasts and religious services.



Sports Report

The Girls' Soccer team won 8-1 against Boeger on March 3, 2022.

**Girls' Soccer team: 4-1
Boys' Soccer team: 1-4**

Wrestling is a no-cut sport, and tryouts were held on March 21.

Wrestling practice with Coach Spengler takes place on Mondays through Fridays from 2:30 P.M. to 4:30 P.M.

Tryouts for Track & Field were on March 21, so good luck to everyone who signed up! Practices are held on Mondays, Tuesdays, and Wednesdays. Monday and Tuesday practices start at 2:30 and end at 3:30. On Wednesday, practice will start at 2:30 and end at 3:45.





POLLS!!

On March 16 and 17, our polls team conducted a survey. There were 253 total responses. Here were the questions:

- 1. Did you wear green on Saint Patrick's Day?**
- 2. Did you like daylight saving time?**

Results:

For the first question, 143 people were wearing green for Saint Patrick's Day and 110 didn't.

For the second question, 84 people liked it, and 169 didn't like it.





learning about **ME TIME**

Right now, there's a lot of turmoil in the world, which is why Lighthouse News has decided to start a self care segment: to promote good mental health for all our Lobos. In this segment of the newsletter, our goal is to educate students about mental health, and to remind them to take care of themselves.

DEFINITIONS

self care: understanding and accepting yourself

Pomodoro method: a time management method based on... tomatoes? (see [this article](#))

EMOTIONAL LIMITS

Setting limits for your emotional capacity is an important step of self care and improving your mental health. Setting personal boundaries helps us recognize things or situations we are comfortable and uncomfortable with.

An example of a limit you set could be the amount of work you take on. Maybe another limit could be how much you share online, or how much screen time you have.

By setting boundaries/limits for yourself, you can maintain self-respect and self-control and will be able to enjoy healthy relationships.

TIME MANAGEMENT

Prioritizing your time is super important, and it's not just because you need to finish that essay before 8 AM.

One way of thinking about time management is as though time is a jar, and you want to fill it with rocks, pebbles, and sand. If you want to maximize your space in the jar, you need to fill it up in this order: rocks, pebbles, sand. If you put the sand or pebbles first, the rocks may not fit in your jar.

The rocks represent the big things in your life, the pebbles are the smaller but still important things, and the grains of sand are the least important things in your life.

Being aware of your productivity is a good way to fill your jar wisely. Make sure you take breaks, but don't make those breaks longer than your work sessions! Try using [the Pomodoro method](#) if you have trouble with this.

LINKS FOR FURTHER RESEARCH

[Self-Care Tips for Teens](#)

[The Pomodoro Technique](#)

[Emotional Intelligence \(for Teens\)](#)

[7 Time Management Techniques for Teens](#)

Your local news agency,

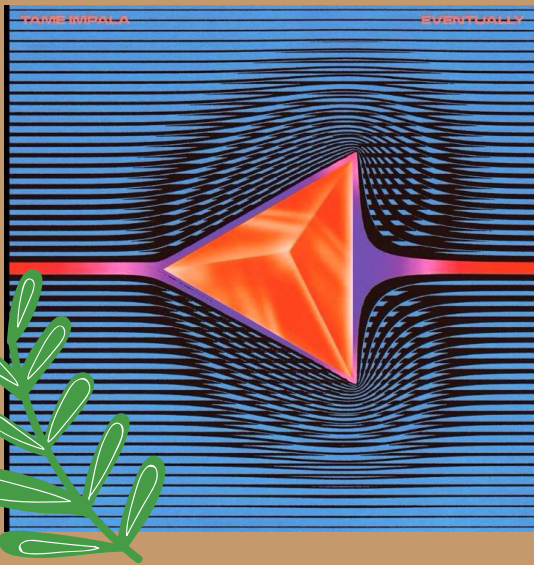
Lighthouse News

written by Emma and Sneha

Recommendations

This month we're going to recommend Wordle! Wordle is a fun little game where you try to guess a word by typing in your guesses. It's free to play, once a day.

A	R	I	S	E
R	O	U	T	E
R	U	L	E	S
R	E	B	U	S



"Eventually," by Tame Impala is a song that breaks down the impending end of a relationship and the struggle of doing so. If you enjoy electronic rock music/indie rock you may be interested in this song, so check it out!

Flan, also known as crème caramel, caramel pudding or caramel custard is a custard dessert with a layer of clear caramel sauce. It's taste/texture is quite similar to creme brulee or panna cotta, but with a unique mouthfeel.



Riddles

Q: What is seen in the middle of April and March but can't be seen in the beginning or end of either?

A: The letter R

Q: What month do all soldiers hate?

A: March

Q: Why is everyone tired on April?

A They just finished a 31 day March

Q: How far is March from July?

A: A single spring away

Q: I have 6 eggs, I broke 2, I cooked 2 and ate 2. How many eggs do I have left?

A: 4 because I have to break and cook an egg before I eat it.

Q: I have a cap but no head, I have a neck but no body. What am I?

A: A bottle

**THANK YOU FOR
READING AND...**

Happy
St. Patrick's
Day

**CHECK OUT
OUR VIDEOS:**

LHN YOUTUBE CHANNEL